

# District Hypothermia Resource Guide for Young Adults (18-24)

## 202-399-7093 (Shelter Hotline) | 311 (Mayor's Call Center)

### Visit COLD.DC.GOV for alerts, transportation schedules, and more

Issue date: January 23, 2026

## TRANSPORTATION

Free transportation to and from a shelter or day center is available 24/7 through the Shelter Hotline or 311. Scheduled pick-up/drop-off points vary by location and are subject to change due to traffic and weather conditions. On-demand transportation may experience delays during rush hour. Accessible transportation for persons with disabilities is available upon request.

**24-hour Sasha Bruce Youthwork emergency hotline for youth below the age of 24, including unaccompanied minors: (202) 547-7777.**

## LOW BARRIER SHELTERS

### YOUTH 18-24

#### THE SANCTUARY

511 Mellon St NE (Open 8 pm - 8 am)

#### HYPOTHERMIA SHELTERS

OPEN 7 PM - 7 AM • OPERATE 24/7 DURING AN EXTREME COLD ALERT

*Additional sites will be added when shelter system approaches capacity*

#### MEN'S 18+

**801 EAST DAY CENTER**  
2722 Martin L. King Jr Ave SE

**EMERY HYPOTHERMIA**  
1725 Lincoln Rd NE

**NAYLOR ROAD**  
2601 Naylor Rd SE

**FEDERAL CITY 1 NORTH**  
425 2nd Street NW (added 11/17)

**SALVATION ARMY**  
3335 Sherman Ave NW (added 12/10)

**BLAIR HYPOTHERMIA** • 635 I St NE (added 1/23)

#### WOMEN'S 18+

**EVE'S PLACE**  
2210 Adams Pl NE

**HARBOR LIGHT**  
2100 New York Ave NE

## DAY CENTERS (DAYS AND HOURS VARY)

### YOUTH 18-24

**DOWNTOWN DAY SERVICES CENTER**  
1313 New York Ave NW  
(Open Mon - Fri 9 am - 5 pm; Sat 10 am - 3 pm)

**FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST**  
945 G St NW (Open Tue 6 pm - 8 pm)

### LATIN AMERICAN YOUTH CENTER

3045 15th St NW  
(Open Mon 9 am - 4 pm; Tue - Thu 9 am - 5 pm;  
Fri by appointment)

**SASHA BRUCE YOUTHWORK DROP-IN CENTER**  
741 8th St SE (Open Mon, Tue & Thu 8 am - 6 pm;  
Wed by appointment; Fri 8 am - 4 pm)

### ZOE'S DOORS

900 Rhode Island Ave NE  
(Open Mon - Wed & Fri - Sun 24 hours;  
Closed Thu 8 am - 8 pm)

**Families experiencing homelessness should call the Shelter Hotline or visit the Virginia Williams Family Resource Center at 64 New York Ave NE.**



DEPARTMENT of  
HUMAN SERVICES



INTERAGENCY  
COUNCIL ON  
HOMELESSNESS



Office of the Deputy Mayor for  
HEALTH AND HUMAN SERVICES



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