

District Hypothermia Resource Guide for Young Adults (18-24)

202-399-7093 (Shelter Hotline) | 311 (Mayor's Call Center)

Visit COLD.DC.GOV for alerts, transportation schedules, and more

Issue date: January 23, 2026

TRANSPORTATION

Free transportation to and from a shelter or day center is available 24/7 through the Shelter Hotline or 311. Scheduled pick-up/drop-off points vary by location and are subject to change due to traffic and weather conditions. On-demand transportation may experience delays during rush hour. Accessible transportation for persons with disabilities is available upon request.

24-hour Sasha Bruce Youthwork emergency hotline for youth below the age of 24, including unaccompanied minors: (202) 547-7777.

LOW BARRIER SHELTERS

YOUTH 18-24

THE SANCTUARY
511 Mellon St NE (Open 8 pm - 8 am)

HYPOTHERMIA SHELTERS

OPEN 7 PM - 7 AM • OPERATE 24/7 DURING AN EXTREME COLD ALERT

Additional sites will be added when shelter system approaches capacity

MEN'S 18+

801 EAST DAY CENTER
2722 Martin L. King Jr Ave SE

EMERY HYPOTHERMIA
1725 Lincoln Rd NE

NAYLOR ROAD
2601 Naylor Rd SE

FEDERAL CITY 1 NORTH
425 2nd Street NW (added 11/17)

SALVATION ARMY
3335 Sherman Ave NW (added 12/10)

BLAIR HYPOTHERMIA • 635 I St NE (added 1/23)

WOMEN'S 18+

EVE'S PLACE
2210 Adams Pl NE

HARBOR LIGHT
2100 New York Ave NE

DAY CENTERS (DAYS AND HOURS VARY)

YOUTH 18-24

DOWNTOWN DAY SERVICES CENTER
1313 New York Ave NW
(Open Mon - Fri 9 am - 5 pm; Sat 10 am - 3 pm)

FIRST CONGREGATIONAL UNITED
CHURCH OF CHRIST
945 G St NW (Open Tue 6 pm - 8 pm)

LATIN AMERICAN YOUTH CENTER

3045 15th St NW
(Open Mon 9 am - 4 pm; Tue - Thu 9 am - 5 pm;
Fri by appointment)

SASHA BRUCE YOUTHWORX DROP-IN CENTER

741 8th St SE (Open Mon, Tue & Thu 8 am - 6 pm;
Wed by appointment; Fri 8 am - 4 pm)

ZOE'S DOORS

900 Rhode Island Ave NE
(Open Mon - Wed & Fri - Sun 24 hours;
Closed Thu 8 am - 8 pm)

Families experiencing homelessness should call the Shelter Hotline or visit the Virginia Williams Family Resource Center at 64 New York Ave NE.



DEPARTMENT of
HUMAN SERVICES



GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR